

On Combat Dave Grossman

Jonathan Morse

On Combat Dave Grossman, Loren W. Christensen, 2022-08-09 The director of the Killology Research Group shares a thorough examination of the emotional and physical effects of deadly conflict (Kirkus Reviews). On Combat examines the stress resulting from engaging in deadly battle and its effects on the human body, from the heart and the nervous system to visual and auditory perception to memory. The historical perspective on the evolution of combat provided in this text further deepens our understanding of the brave men and women who train their minds and bodies to go to that place from which others flee. Lt. Col. Dave Grossman, a war veteran and former West Point psychology professor, presents combat coping strategies, demonstrating how one can train the mind to be inoculated against stress, fear, and even pain. This fresh and informative look at post-traumatic stress disorder (PTSD) details how to prevent it, how to survive it, how to come out of it stronger, and how to help others who are experiencing it. Grossman underscores the importance of post-combat debriefing, when warriors gather to share, learn from each other, and begin to heal from the horror. Based on extensive new research, Grossman's findings are supported by revealing quotes and anecdotes from combat veterans and other leaders in the warrior community.

On Killing Dave Grossman, 2014-04-01 A controversial psychological examination of how soldiers' willingness to kill has been encouraged and exploited to the detriment of contemporary civilian society. Psychologist and US Army Ranger Dave Grossman writes that the vast majority of soldiers are loath to pull the trigger in battle. Unfortunately, modern armies, using Pavlovian and operant conditioning, have developed sophisticated ways of overcoming this instinctive aversion. The mental cost for members of the military, as witnessed by the increase in post-traumatic stress, is devastating. The sociological cost for the rest of us is even worse: Contemporary civilian society, particularly the media, replicates the army's conditioning techniques and, Grossman argues, is responsible for the rising rate of murder and violence, especially among the young. Drawing from interviews, personal accounts, and academic studies, On Killing is an important look at the techniques the military uses to overcome the powerful reluctance to kill, of how killing affects the soldier, and of the societal implications of escalating violence.

On Combat Dave Grossman, Loren W. Christensen, 2007 Looks at the effect of deadly battle on the body and mind and offers new research findings to help prevent lasting adverse effects.

On Spiritual Combat Lt. Col. Dave Grossman, Adam Davis, 2020-05-05 Civilization is fighting to survive tragic times. On Spiritual Combat is a spiritual warfare guide for military members, law enforcement officers, first responders, and all sheepdogs. It prepares their hearts and minds for battle, teaching them to identify, understand, and fight evil forces. Each day includes: - powerful readings - encouraging Scripture - meaningful hymns - questions for reflection - recommended reading from On Combat, the seminal resource on physical combat by Dave Grossman. With God, we will rise as virtuous Christian warriors who defend and protect the innocent, helpless, and oppressed.

Assassination Generation Lieutenant Colonel Dave Grossman, Kristine Paulsen, 2016-11-15 The author of the 400,000-copy bestseller *On Killing* reveals how violent video games have ushered in a new era of mass homicide--and what we must do about it. Paducah, Kentucky, 1997: a 14-year-old boy shoots eight students in a prayer circle at his school. Littleton, Colorado, 1999: two high school seniors kill a teacher, twelve other students, and then themselves. Utoya, Norway, 2011: a political extremist shoots and kills sixty-nine participants in a youth summer camp. Newtown, Connecticut, 2012: a troubled 20-year-old man kills 20 children and six adults at the elementary school he once attended. What links these and other horrific acts of mass murder? A young person's obsession with video games that teach to kill. Lt. Col. Dave Grossman, who in his perennial bestseller *On Killing* revealed that most of us are not natural born killers -- and who has spent decades training soldiers, police, and others who keep us secure to overcome the intrinsic human resistance to harming others and to use firearms responsibly when necessary -- turns a laser focus on the threat posed to our society by violent video games. Drawing on crime statistics, cutting-edge social research, and scientific studies of the teenage brain, Col. Grossman shows how video games that depict antisocial, misanthropic, casually savage behavior can warp the mind -- with potentially deadly results. His book will become the focus of a new national conversation about video games and the epidemic of mass murders that they have unleashed.

On Spiritual Warfare Lt. Col. Dave Grossman, Sgt. Chris Pascoe, 2024-01-02 Answer God's call to arms. Evil from the world, the flesh, and the devil preys on those we love and stalks our every move. If we're not fighting back, we're losing. In *On Spiritual Warfare*, the sequel to *On Spiritual Combat*, Dave Grossman and Chris Pascoe guide Christians through operations of advanced spiritual warfare. Battle the forces of evil with twenty-two intensely practical WARNORDS, or military "warning orders," drawn from the writings of Luther and Erasmus. These strategic warnings and tactical orders will equip you to ● recognize and fearlessly confront evil, ● confess and repent of your own sin, ● serve others as you become sanctified, and ● mature into a triumphant spiritual warrior of God. Filled with Scripture, powerful hymns, battle prep questions, and practical direction, *On Spiritual Warfare* is the map you need to successfully complete your mission from God. You become victorious as a Christian by living virtuously. Victory through virtue!

The Army Lawyer, 2012-06

A City Divided: Race, Fear and the Law in Police Confrontations David A. Harris, 2020-01-10 A City Divided tells the story of the case involving 18-year-old Jordan Miles and three Pittsburgh police officers. David Harris, a resident of Pittsburgh and the Sally Ann Semenko Chair at the University of Pittsburgh School of Law, describes what happened, explaining how a case that began with a young black man walking around the block in his own neighborhood turned Pittsburgh inside out, resulted in two investigations of the police officers and two federal trials. Harris, who has written, published and conducted research at the intersection of race, criminal justice and the law for almost thirty years, explains not just what happened but why, what the stakes are and, most importantly, what we must do differently to avoid these public safety catastrophes.

TWISTED BUT TRUE: Book III - Plugging Up the Holes Darren Burch, 2021-10-15 Retired Phoenix Police Sergeant Darren Burch captivates you on a third twisted police ride-along with more outrageously macabre and riveting stories from his 30-year career as a rookie patrol officer, sex crimes detective, child crimes supervisor and homicide night detective sergeant in this compelling follow-up to the 2019 Pinnacle Award winning "Twisted But True" and the 2020 Pinnacle Award winning "Twisted But True Book II - Filling in the Cracks," which resulted in Darren being featured on ID Channel's American Detective with Lt. Joe Kenda. Darren's horrifically brutal and morbidly funny true-crime stories resumes with a vengeance, starting with manic stories like, finding a severed leg in "A Dumpster Fire," to the savagery of a triple murder in "Easter Massacre," to acts of depravity from sexual predators in "He's No Angel" and "Caught Red Faced," and even the supernatural with an inspirational tale in "Heavenly Sent."

Italy 1636 Gregory Hanlon, 2016 Italy 1636 uses the French and Savoyard invasion of Spanish Lombardy in 1636 to explore the operation of early modern armies through a neo-Darwinian lens, uncovering the universal features of human behaviour and psychology as they relate to violence and war.

Immersions in Cultural Difference Natalie Alvarez, 2018-02-06 How immersive simulations--from a fictional border-crossing site to a mock terrorist training camp--attempt to foster understanding across cultures

The Post-Traumatic Stress Disorder Sourcebook, Revised and Expanded Second Edition: A Guide to Healing, Recovery, and Growth Glenn R. Schiraldi, 2016-01-29 How millions of PTSD sufferers learned to live without fear, pain, depression, and self-doubt The Post-Traumatic Stress Disorder Sourcebook, Third Edition introduces survivors, loved ones, and helpers to the remarkable range of treatment alternatives and self-management techniques available today to break through the pain and realize recovery and growth. This updated edition incorporates all-new diagnostics from the DSM-5 and covers the latest treatment techniques and research findings surrounding the optimization of brain health and function, sleep disturbance, new USDA dietary guidelines and the importance of antioxidants, early childhood trauma, treating PTSD and alcoholism, the relationship between PTSD and brain injury, suicide and PTSD, somatic complaints associated with PTSD,

and more.

American Soldiers Peter S. Kindsvatter, 2003 Some warriors are drawn to the thrill of combat and find it the defining moment of their lives. Others fall victim to fear, exhaustion, impaired reasoning and despair. This book synthesizes the wartime experiences of American soldiers, from the doughboys of World War I to the grunts of Vietnam. Focusing on both soldiers and marines, it draws on histories and memoirs, oral histories, psychological and sociological studies and even fiction to show that their experiences remain fundamentally the same regardless of the enemy, terrain, training or weaponry.

Criminal-states and Criminal-soldiers Robert J. Bunker, 2008 This cutting-edge book looks initially at the theoretical and legal side of the emergence of criminal states and criminal soldiers, before focusing on the states and the soldiers themselves.

The Oxford Companion to American Military History ,

Paradigm of the Moral Warrior Dave Rose, Rocky Warren, 2004-01-01 A Pulitzer Prize nominated author, Lt Col. (ret) Dave Grossman has endorsed *Paradigm of the Moral Warrior*, as follows; The *Paradigm of the Moral Warrior* has the highest concentration of warrior wisdom I have ever found. Not just the remarkable, valuable and useful quotations, but the wise words of the authors will be of great service to warriors, (be they cops, soldiers or Marines) for many years to come. I will personally be mining nuggets (for my own writing) from this rich vein for many years to come. - Dave Grossman - Author of *On Killing* and *On Combat*. (The preceding is an uncompensated endorsement for which we heartily thank Lt. Col. Grossman.) Learn how and why warriors throughout history have reacted to the human condition of combat and fighting. Find out how to become a Moral Warrior and how that act of determination and faith saves more lives than anyone will ever know. Read *Paradigm of the Moral Warrior*.

Quicklet on Dave Grossman's On Killing: The Psychological Cost of Learning to Kill in War and Society

Jonathan Morse, 2012-02-24 ABOUT THE BOOK Lt. Col. Dave Grossman's book *On Killing: The Psychological Cost of Learning to Kill in War and Society*, is a soldiers account of how one person learns, right or wrong, to kill another. The Pulitzer Prize nominated work documents the mental preparations and emotional trauma born in the terror of human conflict. The book tells the story of veterans across hundreds of years of warfare. Grossman uses his book as a vessel for the words of those who have had to kill, painting a vivid portrait of the human cost to foe and victor alike. MEET THE AUTHOR Jonathan has been writing independently for two years and recently graduated from Northern Illinois University with baccalaureate degrees in journalism and political science. His time is spent reading, writing or playing whatever musical instruments he can build, find or afford. EXCERPT FROM THE BOOK Grossman begins *On Killing* with an explanation of the natural human aversion to violence and killing. During WWII a US Army Brigadier General named S.L.A. Marshall began observing and questioning soldiers in the Pacific on their actual behavior in combat. To the surprise of the US military

establishment, he found that most men never fired their weapons. Approximately 15 to 20 percent of soldiers fired as expected; the rest pretended so they wouldn't have to kill anyone (others disagree, see later section: A Controversial Influence). These men were not cowards, in fact many were reported to take great personal risks to assist their fellow soldiers, but still they would not attack, even under fire. Their training had taught them how to fire a gun, but not how to shoot at another human being. Buy a copy to keep reading!

Years of Change and Suffering Guy R. Hasegawa, 2009 Correcting the pervading myths of Civil War medicine perpetuated by Hollywood dramatizations, this exploration covers how the sick and wounded were treated on both sides of the Mason-Dixon Line. Through detailed research, these essays show there were actually too few amputations, contrary to popular belief; there were many advances made in the understanding and treatment of diseases and wounds to the nervous system, and new surgical techniques were used to treat battlefield injuries once thought to be certainly fatal. These topics and more are treated by experts in their respective fields, including medical education, science, invention, neuroscience, and mental health. (Publisher)

Proceedings of the United States Naval Institute United States Naval Institute, 2000

United States Naval Institute Proceedings, 2001

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