

Assault On Lake Casitas

Christian Drosten

Assault on Lake Casitas Brad Lewis, 2011-04-07 Brad Alan Lewis' determination to win an Olympic medal had taken over his life by 1984. He would be too old for the 1988 Games and his spot on the 1980 team had been lost to world politics. Only 1984 remained. But Lewis had a problem. Emotionally crushed after losing a guaranteed spot on the team by nine-tenths of a second in the single scull trials, Lewis went to the dreaded Olympic selection camp, where he hoped to earn a place in a national team boat. Again he failed. Lewis refused to be denied. He teamed up with Paul Enquist, who had been cut from the camp, and began training to challenge the national boat. It would be their last chance to compete in the Los Angeles Olympic Games. Using innovative psychological and physical training techniques developed by Lewis, they defeated the national entry at the double scull trials, three weeks after being considered failures by the system. In an event dominated by the Europeans, they won the first United States gold medal in rowing since 1964 and the first in the double scull since 1932. Lewis' story is more than a book about a man winning a gold medal in a sport that offers little more than personal rewards. It is about challenging convention, overcoming defeat and working outside of an established system. *Assault on Lake Casitas* is a compelling tale of competition at the highest possible level and the emotions that fuel obsession.

Assault on Lake Casitas Brad Lewis, 1990

Assault on Lake Casitas Brad A. Lewis, 1990-09-01

Rowing News , 1998-08-01

Rowing News , 1996-10-20

Greatest Rowing Stories Ever Told Göran R. Buckhorn, 2023-10-01 The *Greatest Rowing Stories Ever Told* collects articles and excerpts of classic rowing stories, from the inception of the sport on English waters in the eighteenth century, through the scandalous era of professionalism (and gambling) of the nineteenth century, to the popular amateur sport of today. The contributors include prominent oarsmen and women, historians of the sport, and even poets and songwriters. Recall here the great rivalries, the pageantry of the regattas, the poetic solitude of the single sculler, and many other aspects of a sport entering its third century.

American Rower's Almanac 1996 Karen Solem, 1996-04

Rowing News , 2003-04-06

Rowing News ,2007-05

Rowing News ,1995-10-21

Baywatch Gregory J. Bonann,Brad Alan Lewis,2000 The creator of Baywatch presents the true, inside story of an amazing saga, an adventure through the turbulent waves of television programming that led to the rescue of one of the world's most popular shows. 279 photos, 148 in color.

Rowing News ,1999-11-27

The Art of Sculling Joe Paduda,1992 The Art of Sculling provides novice and experienced scullers with a comprehensive, illustrated guide to the equipment, techniques, and physiology of the sport. Beginners will find step-by-step instructions and photographs for launching and rigging a boat and developing the proper sculling stroke. Experienced rowers will find guidelines for developing training programs. Other chapters cover advanced technique, racing, sculling in team boats, safety, and sculling for the more mature.

Preparation for Success Sandra Leigh Stroope,1994

AB Bookman's Weekly ,1997

Rowing News ,2001-09-27

The Story of World Rowing Christopher Dodd,1992 In this panoramic book the author traces the evolution of rowing from the Vikings and Venetians to the modern era of top-flight coaching and international competition. Rowing has come a long way since 168 oarsman hauled the Doge of Venice along in his golden barge, or since Cambridge crews floated about in the days of British amateurism. This century has seen rowing as a sport transformed by the impact of scientific methods and great coaches, and by the crushing dominance of the East Germans. Competitive and amateur rowing has many of its origins in Britain and the author examines the development of some of the great events such as Henley Royal Regatta, the Olympic Games and the European and World Championships. The author is the Rowing and Deputy Features Editor of The Guardian newspaper.

Paperbound Books in Print ,1992

Words on Cassette, 2002 R R Bowker Publishing,2002

Words on Cassette, 1999 Bowker Editorial Staff,Staff Bowker R R,Bowker,1999-02

Reviewing **Assault On Lake Casitas**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound

prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is really astonishing. Within the pages of "**Assault On Lake Casitas**," an enthralling opus penned by a very acclaimed wordsmith, readers embark on an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve into the book's central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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