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Handbook of the Psychology of Aging K Warner Schaie, Sherry L. Willis, 2010-12-21 The Handbook of the Psychology of Aging, Seventh Edition, provides a basic reference source on the behavioral processes of aging for researchers, graduate students, and professionals. It also provides perspectives on the behavioral science of aging for researchers and professionals from other disciplines. The book is organized into four parts. Part 1 reviews key methodological and analytical issues in aging research. It examines some of the major historical influences that might provide explanatory mechanisms for a better understanding of cohort and period differences in psychological aging processes. Part 2 includes chapters that discuss the basics and nuances of executive function; the history of the morphometric research on normal brain aging; and the neural changes that occur in the brain with aging. Part 3 deals with the social and health aspects of aging. It covers the beliefs that individuals have about how much they can control various outcomes in their life; the impact of stress on health and aging; and the interrelationships between health disparities, social class, and aging. Part 4 discusses the emotional aspects of aging; family caregiving; and mental disorders and legal capacities in older adults. - Contains all the main areas of psychological gerontological research in one volume - Entire section on neuroscience and aging - Begins with a section on theory and methods - Edited by one of the fathers of gerontology (Schaie) and contributors represent top scholars in gerontology

Handbook of the Psychology of Aging, 2015-08-19 Handbook of the Psychology of Aging, Eighth Edition, tackles the biological and environmental influences on behavior as well as the reciprocal interface between changes in the brain and behavior during the course of the adult life span. The psychology of aging is important to many features of daily life, from workplace and the family, to public policy matters. It is complex, and new questions are continually raised about how behavior changes with age. Providing perspectives on the behavioral science of aging for diverse disciplines, the handbook explains how the role of behavior is organized and how it changes over time. Along with parallel advances in research methodology, it explicates in great detail patterns and sub-patterns of behavior over the lifespan, and how they are affected by biological, health, and social interactions. New topics to the eighth edition include preclinical neuropathology, audition and language comprehension in adult aging, cognitive interventions and neural processes, social interrelations, age differences in the connection of mood and cognition, cross-cultural issues, financial decision-making and capacity, technology, gaming, social networking, and more. - Tackles the biological and environmental influences on behavior as well

as the reciprocal interface between changes in the brain and behavior during the course of the adult life span - Covers the key areas in psychological gerontology research in one volume - Explains how the role of behavior is organized and how it changes over time - Completely revised from the previous edition - New chapter on gender and aging process

Cognitive Neuroscience of Aging Roberto Cabeza, Lars Nyberg, Denise C. Park, 2017 A rapidly growing body of research has constituted a new discipline that may be called cognitive neuroscience of aging. This book offers an introduction to the topic, useful to both professionals & students in cognitive neuroscience, cognitive psychology, neuroscience, neuropsychology & neurology.

The Transformational Odyssey Robert Barner, 2017-07-01 The Transformational Odyssey was written to help those individuals who are facing difficult life transitions, and who are attempting to successfully navigate tough life decisions and engage in deep self-discovery. Unlike other self-help books that attempt to provide readers with homespun advice for addressing difficult life challenges, The Transformational Odyssey shows readers how to take charge of their self-growth and development. It does this by providing readers with several applied techniques for engaging in deep self-learning in a more profound and fundamentally life-changing way. The title, The Transformational Odyssey, reflects the book's integrative metaphor of transformational learning as a personal odyssey of self-discovery. The word "odyssey" connotes a long, and sometimes arduous and meandering journey. Although an odyssey may present the traveler with unexpected trials and challenges, in the end it may yield increased wisdom and knowledge. Building on this metaphor, The Transformational Odyssey introduces readers to eight passages that they will inevitably encounter during their own personal odysseys of self-discovery. Each of these passages involves a uniquely different learning challenge that, as it is successfully navigated, increases the reader's capacity for self-growth. The Transformational Odyssey is written in a conversational style, as if the author were sitting down next to the reader to share my forty-plus years of experience as a personal coach and life transition counselor. Since different people learn in different ways, this book incorporates a variety of different learning methods, including actual cases, exercises, suggested actions, famous quotes, and metaphors. For those readers who would like to dig deeper on a given topic, at the end of each chapter the author has included a separate section that introduces readers to related cutting-edge research in the field of human psychology. The topics included in these sections cover such areas as mindfulness, meditation, narratives, and future selves. **ENDORSEMENTS** The Road to self-discovery is one that has been traveled before. The Transformational Odyssey explores this journey in a unique and different way, by beginning at the intersection of academic exploration and the examination of authentic experiences. Robert Barner finds ways to challenge his readers, while also guiding each person in a way that is most logical and emotionally transcendent to them. And he does so in an insightful, compelling way. I highly recommend this book to anyone who is ready to be vulnerable and wants to grow. ~ Kevin Beachum Jr. - NFL Athlete, Investor, Speaker, Philanthropist This is a dazzlingly ambitious book and it does not

disappoint. Thought-provoking, compelling, and an extraordinary source of scientifically-based insight for anyone seeking to improve their lives. ~ Jim Loehr, Best Selling Author, Co-Founder of The Human Performance Institute The Transformational Odyssey enlists the reader in a powerful journey, grounded in their own creative imagination and wells of inspiration. This road of self-renewal is exciting and dangerous and the work is not for the timid. Robert Barner knows the territory intimately and is a guide you can both trust and enjoy. ~ Charles J. Palus, Senior Fellow, Center for Creative Leadership In The Transformational Odyssey, Dr. Robert Barner offers what few self-help books do a research-based journey into self-awareness leading to real and sustained change. In embarking on this journey, readers will become more attuned to their experiences, more open to others, and more effective leaders, partners, parents and friends. I highly recommend this book for those courageous enough to encounter transformational learning! ~ Jaime Goff, Certified Executive Coach and President, The Empathic Leader, LLC.

Current Research and Emerging Directions in Emotion-Cognition Interactions Florin Dolcos, Lihong Wang, Mara Mather, 2015-03-02 Emotion can impact various aspects of our cognition and behavior, by enhancing or impairing them (e.g., enhanced attention to and memory for emotional events, or increased distraction produced by goal-irrelevant emotional information). On the other hand, emotion processing is also susceptible to cognitive influences, typically exerted in the form of cognitive control of motion, or emotion regulation. Despite important recent progress in understanding emotion- cognition interactions, a number of aspects remain unclear. The present book comprises a collection of manuscripts discussing emerging evidence regarding the mechanisms underlying emotion- cognition interactions in healthy functioning and alterations associated with clinical conditions, in which such interactions are dysfunctional. Initiated with a more restricted focus, targeting (1) identification and in depth analysis of the circumstances in which emotion enhances or impairs cognition and (2) identification of the role of individual differences in these effects, our book has emerged into a comprehensive collection of outstanding contributions investigating emotion-cognition interactions, based on approaches spanning from behavioral and lesion to pharmacological and brain imaging, and including empirical, theoretical, and review papers alike. Co-hosted by the Frontiers in Neuroscience - Integrative Neuroscience and Frontiers in Psychology - Emotion Science, the contributions comprising our book and the associated research topic are grouped around the following seven main themes, distributed across the two hosting journals: I. Emotion and Selectivity in Attention and Memory; II. The Impact of Emotional Distraction; Linking Enhancing and Impairing Effects of Emotion; III. What Really is the Role of the Amygdala?; IV. Age Differences in Emotion Processing; The Role of Emotional Valence; V. Affective Face Processing, Social Cognition, and Personality Neuroscience; VI. Stress, Mood, Emotion, and the Prefrontal Cortex; The Role of Control in the Stress Response; VII. Emotion-Cognition Interactions in Clinical Conditions. As illustrated by the present collection of contributions, emotion-cognition interactions can be identified at different levels of processing, from perception and attention to long- term memory,

decision making processes, and social cognition and behavior. Notably, these effects are subject to individual differences that may affect the way we perceive, experience, and remember emotional experiences, or cope with emotionally challenging situations. Moreover, these opposing effects tend to co-occur in affective disorders, such as depression and PTSD, where uncontrolled recollection of and rumination on distressing memories also lead to impaired cognition due to emotional distraction. Understanding the nature and neural mechanisms of these effects is critical, as their exacerbation and co-occurrence in clinical conditions lead to devastating effects and debilitation. Hence, bringing together such diverse contributions has allowed not only an integrative understanding of the current extant evidence but also identification of emerging directions and concrete venues for future investigations.

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