

Dragon Tendon Massage Meaning

Slava Kolpakov

Thai Massage with Neuromuscular Techniques Slava Kolpakov, 2022-05-19 Despite many books and courses teaching Thai Massage techniques, therapeutic application remains a confusing and inaccessible area. This high-level visual manual seeks to elucidate this challenge for students and professionals in Thai Massage. The reader will learn how to apply techniques and for whom, in the correct conditions, sequence, and pace. This comprehensive book incorporates neuromuscular treatments for an array of conditions whilst guiding students on how to develop fluidity in transition from technique to technique. Relying on visual prompts such as photographs, muscle charts, and anatomical images, this is an invaluable practical resource for bodywork students and teachers.

Railway Surgeon, 1897

Railway Surgical Journal, 1898

Asphodel Jane Lindskold, 2018-01-19

Chinese Medical Qigong Tianjun Liu, Xiao Mei Qiang, 2013-05-28 Correlating traditional Qigong therapies with outcomes of new scientific research, this is the authoritative introduction to the knowledge system and content of Qigong study. Revised and updated to reflect the new Chinese edition, it has new information on key concepts and practice, and on the application of Qigong for a range of conditions.

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