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National Academy of Sciences (U.S.).

A Clinical Guide to Inositols Vittorio Unfer, Didier Dewailly, 2023-01-05 A growing body of research demonstrates the potential benefits of the administration of inositol isomers in the treatment of many different disorders, from reproductive to metabolic diseases. *A Clinical Guide to Inositols* discusses scientific evidence of inositol-based treatments in different clinical fields to provide clinicians with a practical guide to use inositol supplementation within pathological conditions. Each chapter covers a specific disorder and describes aspects of the application of inositol in clinical practice, discussing the physiopathologic features of the health condition and scientific evidences of the effects of inositol treatment. This book is a valuable resource to researchers and clinicians looking for a clear understanding of clinical effects of inositol supplementation and a practical guide on inositol-based treatments. - Covers basic knowledge about the biochemistry and physiology of inositol and their pharmacological targets and metabolites - Discusses scientific evidence of the benefits of inositol supplementation for the clinical management of different diseases - Addresses inositol application from the gynecological and obstetrical field to, among others, the metabolic, fetal, andrological, endocrine, and oncological fields

Infertility in Women with Polycystic Ovary Syndrome Stefano Palomba, 2018-02-02 This book presents up-to-date knowledge on infertility in the context of polycystic ovary syndrome (PCOS) and provides clear evidence-based guidance on its treatment. The book opens by discussing anovulation, oocyte quality, and the endometrium in women with PCOS, infertility and subfertility cofactors, and the impact of PCOS phenotypes on fertility. All aspects of management are then thoroughly addressed. The available medical treatments for PCOS-related infertility – including antiestrogens, aromatase inhibitors, insulin-sensitizing drugs, and gonadotropins – are reviewed, and other potential therapeutic approaches, such as acupuncture and laparoscopic ovarian drilling, are assessed. Careful attention is also devoted to the role of lifestyle interventions. The use of controlled ovarian stimulation in infertile PCOS patients undergoing intrauterine insemination or in vitro fertilization is examined in detail, as are the benefits of in vitro maturation of oocytes. This book will be of value to all who are involved in the care of women with PCOS and related infertility issues.

Understanding Polycystic Ovary Syndrome - Symptoms, Diagnosis, and Treatment Options, 2025-11-19 Polycystic Ovary Syndrome (PCOS) is one of the most common yet complex endocrine disorders affecting women of reproductive age, impacting not only fertility, but also metabolism, hormonal balance, and long-term health. Understanding

Polycystic Ovary Syndrome – Symptoms, Diagnosis, and Treatment Options offers a clear, evidence-based, and multidimensional exploration of this condition. This comprehensive volume brings together the latest scientific discoveries and clinical insights to help readers understand the biological, diagnostic, and therapeutic aspects of PCOS. Section 1 introduces PCOS from a holistic perspective, outlining its pathophysiology and systemic impact. Section 2 delves into the diverse manifestations of PCOS, from ovulatory dysfunction and menstrual irregularities to metabolic disturbances, insulin resistance, and urological complications that are often overlooked in clinical practice. Section 3 explores state-of-the-art diagnostic approaches, including advances in artificial intelligence, genetic risk profiling, imaging technologies, and biochemical evaluation. Section 4 highlights both conventional and emerging treatment strategies, spanning lifestyle interventions, pharmacologic therapies, bariatric surgery, and novel agents such as myoinositol and lycopene. Whether you are a clinician, researcher, medical student, or a woman seeking to better understand her health, this book provides the essential knowledge needed to navigate PCOS with confidence. It bridges the gap between scientific research and patient-centered care, empowering readers to recognize, diagnose, and manage PCOS more effectively in the modern era of personalized medicine.

Issues in Eating Disorders, Nutrition, and Digestive Medicine: 2011 Edition ,2012-01-09 Issues in Eating Disorders, Nutrition, and Digestive Medicine: 2011 Edition is a ScholarlyEditions™ eBook that delivers timely, authoritative, and comprehensive information about Eating Disorders, Nutrition, and Digestive Medicine. The editors have built Issues in Eating Disorders, Nutrition, and Digestive Medicine: 2011 Edition on the vast information databases of ScholarlyNews.™ You can expect the information about Eating Disorders, Nutrition, and Digestive Medicine in this eBook to be deeper than what you can access anywhere else, as well as consistently reliable, authoritative, informed, and relevant. The content of Issues in Eating Disorders, Nutrition, and Digestive Medicine: 2011 Edition has been produced by the world's leading scientists, engineers, analysts, research institutions, and companies. All of the content is from peer-reviewed sources, and all of it is written, assembled, and edited by the editors at ScholarlyEditions™ and available exclusively from us. You now have a source you can cite with authority, confidence, and credibility. More information is available at <http://www.ScholarlyEditions.com/>.

8 Steps to Reverse Your PCOS Fiona McCulloch,2016-09-20 A Unique 8-Step System to Reverse Your PCOS Author and naturopathic doctor Fiona McCulloch dives deep into the science underlying the mysteries of PCOS, offering the newest research and discoveries on the disorder and a detailed array of treatment options. Polycystic ovary syndrome (PCOS) is the most common hormonal condition in women. It afflicts ten to fifteen percent of women worldwide, causing various symptoms, including hair loss, acne, hirsutism, irregular menstrual cycles, weight gain, and infertility. 8 Steps to Reverse your PCOS gives you the knowledge to take charge of your health. Dr. McCulloch introduces the key health factors that must be addressed to reverse PCOS. Through quizzes, symptom checklists, and lab tests, she'll guide you in identifying which of the

factors are present and what you can do to treat them. You'll have a clear path to health with the help of this unique, step-by-step natural medicine system to heal your PCOS. Having worked with thousands of people seeking better health over the past fifteen years of her practice, Dr. McCulloch is committed to health education and advocacy, enabling her patients with the most current information on health topics and natural therapies with a warm, empathetic approach.

Impact of Polycystic Ovary, Metabolic Syndrome and Obesity on Women Health Andrea R. Genazzani, Lourdes Ibáñez, Andrzej Milewicz, Duru Shah, 2021-10-25 This volume comprehensively focuses on polycystic ovary, metabolic syndrome and obesity and their impact on women's health, reproduction and quality of life from adolescence to old age. PCOS is analyzed from the early origins - highlighting the importance of diagnosis, management and treatment starting from the high-risk period of adolescence - throughout infertility PCOS-related issues, pregnancy and menopause transition. All aspects of this syndrome are covered also in relation with endocrine and metabolic features that affects women's health. This book is a very useful tool for gynecologists, endocrinologists, obstetricians, reproductive medicine and general practitioners and is an important resource for all physicians involved in women's health.

Clinical Management of Infertility Joseph G. Schenker, Andrea R. Genazzani, John J. Sciarra, Liselotte Mettler, Martin H. Birkhaeuser, 2021-06-30 This new volume in the Reproductive Medicine for Clinicians series focuses on the practical clinical impact of problems linked to infertility, discussing topics such as luteal support in ART cycles, ovulation induction using pulsatile administration of GnRH, how to deal with the metabolic changes in PCOS, treatment to restore fertility in endometriosis and how to improve implantation, which are common aspects of daily clinical practice. It also addresses significant novel areas like the biological clock in human reproduction, reproduction at advanced parental age and medical and social egg freezing, offering valuable insights for patients and their doctors. Further, the book covers various areas of growing importance, such as how to access the uterine cavity; the future of imaging in reproduction; non-invasive prenatal testing; ART and male infertility; as well as breast cancer and fertility preservation. Last but not least, it examines the medical, ethical and legal aspects of a number of challenges for current and future reproductive medicine, including uterine transplantation and human genetic modification. Bringing together updates on some of the most important problems in reproductive medicine and also covering ethical and legal bases, this book offers an overview of potential treatments for infertility. As such, it is a valuable resource for gynecologists, obstetricians, endocrinologists and all specialists dealing with reproductive health.

Proceedings of the National Academy of Sciences of the United States of America National Academy of Sciences (U.S.), 2006

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Inositols Vittorio Unfer, 2019-03-12 This book offers a valuable mine of clinical information for health professionals and researchers. It gives an overview of the critical role played by Inositols in the therapeutic approach to common obstetrics and gynecological disorders. Inositols are a family of simple carbohydrates naturally found in several foods and human cells. There are potentially nine stereoisomers of Inositols, among them being myo-inositol (MI) and, to a lesser extent, D-chiro-inositol (DCI). These are the most important isoforms for the physiological processes in humans. They exert different actions in the control of glucose homeostasis: MI regulates the activation of glucose transporters and glucose utilization, while DCI modulates the glycogen synthesis. Once incorporated into phosphoglycans, they act as second messengers involved in the signaling transduction cascade of insulin. The metabolism of Inositols is dysregulated in patients with Polycystic Ovary Syndrome (PCOS), highlighting the crucial link between insulin resistance and inositol deficiency in PCOS patients. Therefore, several pre-clinical and clinical studies have been carried out to evaluate their therapeutic usefulness in pathologies where there is an imbalance in MI and DCI levels (from PCOS and gestational diabetes mellitus to infertility). The clinical evidence has demonstrated that MI can be considered widely safe and well tolerated, giving prominence to this versatile molecule. In several trials, the beneficial effect of MI in improving the metabolic and endocrine profile of women with PCOS has been highlighted extensively. Further analyses have shown that the physiological MI:DCI ratio (40:1) is the optimal approach for improving oocyte follicular development and oocyte maturation as well as ovary stimulation and pregnancy outcomes in in vitro fertilization (IVF) procedures. Furthermore, the reader is introduced to a broader area encompassing the Inositols scenery from the history to Inositols nutritional importance, the therapeutic use in preeclampsia, gynecologic oncology, fetal programming as well as their resistance and substance interaction. All these interesting topics will be discussed and deepened in the present book, giving the opportunity to explore in detail every aspect of this effective molecule, bringing the instructions from this guide to everyday practice.

Mechanisms Underlying the Abnormal Inositol Metabolisms in Diabetes Mellitus Hao-Han George Chang, 2011 Abnormal inositol metabolisms in diabetes comprise depletion of intracellular myo-inositol (MI) content and increased urinary excretion of MI and D-chiro-inositol (DCI). Whilst intracellular MI depletion is implicated in the development of long term diabetic complications, the mechanisms underlying this depletion and its relationship with the increased urinary inositol excretion remain unknown. Therefore the overall aim of this thesis was to investigate the possible mechanisms for these inositol abnormalities in diabetic conditions using two approaches. First, the expression of key genes/proteins involved in maintaining intracellular MI levels (referred as inositol regulatory genes/proteins in this thesis) were investigated under diabetic conditions in nine major organs. These genes comprise sodium-dependent myo-inositol transporter subtype 1 and 2 (SMIT1, SMIT2), proton-dependent myo-inositol transporter (HMIT), myo-inositol phosphate synthase (MIPS), inositol monophosphatase (IMP) and myo-inositol oxygenase (MIOX). Second, an isolated perfused kidney system was employed to

investigate the phenomenon of increased urinary inositol excretion in diabetes. The data generated in this thesis showed that depletion of MI occurred in the kidneys from hyperglycaemic, hypertensive and insulin resistant/obese animal models (Chapter 3). In all cases, the observed MI depletion was accompanied with an enhanced MIOX expression, at both mRNA and protein levels and with an elevated MIOX activity. In particular, MI depletion was also observed in animal models of hypertension and insulin resistance/obesity, where high glucose ambience was absent. These findings suggest that MI depletion in the kidney is not directly attributable to hyperglycaemia per se and may instead reflect in one aspect the up-regulation of the glucuronate-xylulose pathway as indicated by the elevated MIOX expression and activity. Besides kidney, MI depletion has also been reported in other tissues such as nerve and lens. Therefore the expression of inositol regulatory genes was investigated in the extrarenal tissues under diabetic conditions (Chapter 4). MI deficiency was indeed observed in liver, sciatic nerve and lens in streptozotocin (STZ)-induced diabetic rats. In particular, the data generated from the liver study provide the first evidence that MI depletion occurs in an insulin-sensitive tissue. This tissue-specific depletion in MI was retained following exposure to diabetes for 8 weeks. In contrast, MI level remained unchanged in soleus muscle, heart, lung, spleen, and brain of both 4- and 8-week diabetic rats. Whilst the gene expression of inositol regulatory genes was unaltered in tissues without MI depletion, the liver, nerve, and lens nevertheless displayed some interesting expression profiles. The up-regulation of MIOX in diabetic kidneys and livers, the down-regulation of both SMIT1 and HMIT in diabetic nerves and the elevation in the expression of aldose reductase could be responsible for the observed intra-tissue MI depletion. In the second study, an isolated perfused kidney system was used to investigate the relationship between excess urinary inositol excretion and high glucose ambience in the diabetic kidney (Chapter 5). Compared to the non-diabetic kidney, the STZ-induced diabetic kidney displayed impaired MI and DCI reabsorption, regardless of the glucose concentration. In addition, a weak correlation between high glucose and reduced DCI reabsorption was observed whereas MI reabsorption was not influenced by high glucose. These findings showed that the primary cause of excess urinary secretion of both MI and DCI is probably due to fundamental changes in the kidney as a result of prolonged exposure to diabetes rather than the transient inhibitory effect of high glucose per se--Abstract.

Vascular Smooth Muscle Metabolism and Pyruvate Dehydrogenase Kathryn R. Ward, 2009 In dyslipidemic states, most muscle types preferentially utilize fatty acids rather than glucose largely due to modulation of the pyruvate dehydrogenase complex (PDH) activity by pyruvate dehydrogenase kinase (PDK). We have previously shown that vascular smooth muscle (VSM) does not exhibit a decrease in glucose utilization during exposure to increased levels of either short or long chain fatty acids. To determine if the metabolic inflexibility of VSM may be due to differences in the PDH regulatory mechanisms compared to other muscles, we examined the effects of the PDK inhibitor dichloroacetate (DCA) and the PDP stimulator D-chiro-inositol (DCI) on glucose utilization and lactate production in hog carotid artery (HCA). We also performed

western blot analyses of hog skeletal muscle and hog VSM PDK isoforms. In the presence of DCA, a decrease in glucose utilization was observed. Western blot analyses revealed that there is 2.8 fold more PDK3 and 3.2 fold less PDK2 in VSM compared to skeletal muscle. Glucose utilization was significantly increased in the presence of insulin and DCI in VSM. The presence of PDK3 and the relative insensitivity of HCA to DCA suggests that the PDK isoforms present in VSM may contribute to the metabolic inflexibility of this tissue. Therefore, we conclude that PDH in VSM is chronically inhibited by the presence of PDK-3 and this inhibition of PDH may contribute to the metabolic inflexibility of VSM during dyslipidemia, potentially making VSM susceptible to lipotoxicity and atherosclerosis.

Caractérisation du co-transporteur Na⁺/myo-inositol SMIT2 dans les membranes en bordure en brosse de rein de lapin et d'intestin de rat Rym Aouameur, 2009 Le myo-inositol (MI) est un soluté organique impliqué dans diverses fonctions physiologiques de la cellule dont la signalisation cellulaire. Il est également un osmolyte compatible reconnu. Trois co-transporteurs de type actif secondaire responsables de son absorption ont été identifiés. Deux d'entre eux sont couplés au transport du sodium (SMIT1 et SMIT2) et le troisième est couplé au transport de protons (HMIT). L'objectif de cette étude a été la caractérisation du transport du MI par SMIT2 dans des membranes en bordure en brosse (BBMv) issues du rein de lapin et de l'intestin de rat ainsi qu'après expression dans les ovocytes de *Xenopus laevis*. La quantification de l'ARNm de SMIT1 et de SMIT2 dans le rein nous a appris que SMIT1 est majoritairement présent dans la médullaire alors que SMIT2 est principalement localisé dans le cortex. Ces résultats ont été confirmés par immunobuvardage en utilisant un anticorps dirigé contre SMIT2. Grâce à l'inhibition sélective de SMIT1 par le L-Fucose et de SMIT2 par le D-chiro-inositol (DCI), nous avons démontré que SMIT2 semble le seul responsable du transport luminal de MI dans le tubule contourné proximal avec un Km de $57 \pm 14 \mu\text{M}$. Pour ce qui est de l'intestin, des études de transport de MI radioactif ont démontré une absence de transport de MI chez le lapin alors que l'intestin de rat présente un transport de MI très actif. Une quantification par qRT-PCR nous a permis de constater que l'intestin de lapin ne semble pas posséder les transporteurs de MI nécessaires. Comme pour le rein, SMIT2 semble le seul transporteur de MI présent au niveau du pôle apical des entérocytes intestinaux chez le rat. Il est chargé du prélèvement du MI de l'alimentation avec un Km de $150 \pm 40 \mu\text{M}$. Les analyses fonctionnelles exécutées sur SMIT2 de rat en électrophysiologie après expression dans les ovocytes de *Xenopus laevis* donnent sensiblement les mêmes résultats que pour les BBMv de rein de lapin et d'intestin de rat. Dans les ovocytes, SMIT2 présente une grande affinité pour le MI ($270 \pm 19 \mu\text{M}$) et le DCI ($310 \pm 60 \mu\text{M}$) et aucune affinité pour le L-fucose. Il est également très sensible à la phlorizine ($16 \pm 7 \mu\text{M}$). Une seule exception persiste : la constante d'affinité pour le glucose dans les BBMv d'intestin de rat est 40 fois plus petite que celle observée sur les ovocytes de *Xenopus laevis*. Nous avons également testé la capacité de certains transporteurs de sucre présents à la surface des membranes apicales des entérocytes à prélever le MI. Vu que l'inhibition de ces transporteurs (SGLT1 et GLUT5) ne changeait rien au taux de MI radioactif transporté, nous en avons

conclu qu'ils ne sont pas impliqués dans son transport. Finalement, l'efflux de MI à partir du pôle basolatéral des entérocytes n'est pas effectué par GLUT2 puisque ce dernier lorsqu'il est exprimé dans des ovocytes, est incapable de transporter le MI.

Unveiling the Magic of Words: A Review of "**D Chiro Inositol Dci**"

In some sort of defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their capability to kindle emotions, provoke contemplation, and ignite transformative change is actually awe-inspiring. Enter the realm of "**D Chiro Inositol Dci**," a mesmerizing literary masterpiece penned with a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve to the book is central themes, examine its distinctive writing style, and assess its profound impact on the souls of its readers.

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