

Sheep No More Jonathan Gilliam

Iowa state agricultural society

Sheep No More Jonathan T. Gilliam, 2017-12-12 Fight back, because we are sheep no more! This personal safety and security book comes armed to the teeth with empowering techniques so you can be your own expert at protecting your life. Weekly, there are major threats, mass killings, terrorist attacks and even weather-related disasters—the list goes on. And this increasingly dangerous world includes more violent and deadly threats that are specifically targeting everyday civilians. You. This is the definitive “safety bible” that links the leading expert on personal safety with civilians. For the first time, you can make educated predictions using the new key questions of “Who, Why, Where, When, and How” from the attacker’s point of view. No one really expects violent situations to occur—but they do, and usually without advance warning or your control. End the guessing game of safety and security by following the techniques inside Sheep No More. Think like an attacker in order to build better defenses. Your life may depend on it.

Sheep No More Workbook #1 Jonathan T. Gilliam, 2019-04-30 This is the second installment of the self-help trilogy that teaches you the technique of Attack and Defend, instructing you on how to divide your life into sectors and assess each sector from the attacker’s avenues of approach (Workbook #1) and then the defender’s point of view (Workbook #2). This is it! Sheep No More Workbook #1: Threat Assessment, the second book in the self-help trilogy by US Navy SEAL and FBI Special Agent Jonathan T. Gilliam, which empowers readers to gain a full understanding of Who, Why, Where, When, and How violent situations may occur in your life, and how you can avoid or defend against them. This is how the system works: First, read book #1, Sheep No More: The Art of Awareness and Attack Survival. Apply the understanding you learn there by completing this Workbook #1: Threat Assessment, evaluating the threats in your life from the attacker’s point of view. Then, take that information and develop it further with Sheep No More Workbook #2: Defense Assessment, utilizing the defender’s mindset. As a result, you will see every possible attack in every possible location of your life, before they happen, making you the master of your own homeland and an expert in the Art of Awareness and Attack Survival!

Forward Aggressive and Living out Loud Rick Mirandette, 2022-02-21 Have you ever felt uncomfortable from people getting too close, using disrespectful, condescending language or even their uninvited, inappropriate touching? Are you fearful of confrontation believing that if things escalated you wouldn’t be able to handle it? Were you taught that you can’t expect to defend yourself against a larger person or a man? Do you believe you would just freeze up? Maybe you’ve always

wanted to take a self-defense course or karate to learn the secrets of the masters who seem unshakable against seemingly insurmountable odds, at any age, or wondered if any of that is real. Good news: There are some simple skills and tactics that you can employ to gain the advantage, shift the balance of power in your favor and greatly reduce the risk of assault or injury. You can take charge. You can move from fear to freedom. This book shows you how. One rape survivor said, "I took two other self-defense courses but Mirandette's program gave me my life back." One corporate leadership company president said: "This program guides people through a process of discovery that frees them from a variety of self-limiting assumptions to see grander visions and new possibilities for personal and professional transformation." Founder of Bartell & Bartell, Ltd, Center for Executive Assessment and Development This book is a must for people heading off to college and everyone else.

Sheep No More Workbook #2 Jonathan T. Gilliam, 2019-07-02 This is the final installment of the self-help trilogy that teaches you the technique of Attack and Defend, instructing you on how to divide your life into sectors and then assessing each sector from the attacker's avenues of approach (Workbook #1) and then the defender's point of view (Workbook #2). This is it! *Sheep No More Workbook #2: Defense Assessment*, the third book in the self-help trilogy by US Navy SEAL and FBI Special Agent Jonathan T. Gilliam, which empowers readers to gain a full understanding of Who, Why, Where, When, and How violent situations may occur in your life, and how you can avoid or defend against them. This is how the system works: First, read book #1, *Sheep No More: The Art of Awareness and Attack Survival*. Apply the understanding you learn there by completing Workbook #1: Threat Assessment, where you will assess the threats in your life from the attacker's point of view. Then, take that information and input it into this book, *Sheep No More Workbook #3: Defense Assessment*, utilizing the defender's mindset. As a result, you will see every possible attack in every possible location of your life, before they happen, making you the master of your own homeland and an expert in the Art of Awareness and Attack Survival!

The Swords of Nehemiah Joseph M. Gilbert, 2023-10-20 Every house of worship in America faces a growing constant threat of violent attacks from terrorists, social fanatics, violent anti-religions, the mentally ill, drug-ravaged, and others who crave the social media and news fame of a mass killer. In the last twenty years, there was an average of two deadly force incidents (DFI) at houses of worship in America each week. No state, county, city, or house of worship of any religion is exempt from these threats. Violence, unrest, and criminal attacks are increasing nationwide with no penalty, accountability, or restrictions. Violent criminals are released into society with no controls. Churches of all denominations are seen as soft targets, and they must address these threats and take actions to protect those who come to worship. Retired FBI Superintendent Ed Mireles says, "This book is a highly recommended, must read, for all Church Security Personnel." This book gives the reader an extremely valuable program of strategies and tactics that can be immediately applied to provide protections against these violent threats, to limit the number of threats that occur and minimize the effects of those that

happen. With years of direct experience and multiple sessions of very high-quality training, the author faces these threats head-on and then moves directly to provide counter methods. Hard-hitting, direct, and fast-paced, *The Swords of Nehemiah* is the essential How to playbook for church protection strategies that have proven successful and can be immediately implemented and consistently improved and enhanced. Retired Professor of Criminal Justice Dr. Jeffrey P. Rush says it best, "This is the book every church, every security team needs. Read it, learn it, live it."

SIERRA TWO Marc Lonergan-Hertel, 2018-05-15 ...a large wave buries the bow of Seamaster and I am exhaling bubbles into the ocean as I try to call for help. And then I am hit with a distinct sensation—I can no longer breathe... This and other incredible adventures are shared in *SIERRA TWO*, the true story of one man's literal and metaphysical journeys. In the end, it's a story about embarking on a mission greater than oneself—a journey of finding the value in your life and the responsibility of following your true life's path as a protector of others, no matter what the cost. On a river code-named *SIERRA TWO*, Marc Lonergan-Hertel is seriously wounded after he loses his jungle guide to a violent death in the "lost world" of the Amazon. At his lowest moment of scouting a three-thousand-mile journey for a National Geographic television show in one of the last remaining biosphere reserves in the Guiana Shield, he is befriended by a lost indigenous child and an old shaman from an ancient tribe. In an act that seems like repayment for his earlier sacrifices in the cities and slums of Brazil, the shaman saves his life and gives Marc an ominous warning—death will follow the former SEAL through the steaming jungles. It will take everything Marc has learned in his life to keep himself and others alive. Travel with Marc Lonergan-Hertel on his extraordinary adventures and real-world odyssey to make a difference in this world—one life at a time.

Report of the Secretary of the Iowa State Agricultural Society, for the Year ... Iowa State Agricultural Society, 1878

Johnson's Guide to Government Land of the United States William H. Johnson, 1905

Report... Iowa state agricultural society, 1878

Annual Report of the Board of Directors of the Iowa State Agricultural Society for the Year ... Iowa State Agricultural Society, 1878

Annual Report of the Board of Directors Iowa State Agricultural Society, 1878

Mining and Scientific Press , 1880

The Papers of Thomas Ruffin Thomas Ruffin, 1920

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Mining and Scientific Press and Pacific Electrical Review , 1880

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