Nothing General About It

SJ Ball

Nothing General About It Maurice Benard, Susan Black, 2020-04-07 The General Hospital star recounts his emotional journey in this instant bestseller, a story of success, show business, family, and mental health. New York Times-bestselling author and Emmy Award-winning actor Maurice Benard is best known for his twenty-five years of playing Michael "Sonny" Corinthos, Jr., on ABC's hit daytime television show General Hospital. The rakish mobster is beloved and feared, perhaps in equal measure, but what many viewers don't know is that for decades, Benard lived in true fear of a much greater threat: himself. In Nothing General About It, Benard relays the challenges of growing up in a small town with undiagnosed bipolar disorder, and his struggle to keep his demons at bay while pursuing a career as an actor. From childhood to the outset of his career—and while building his family—he was pushed to the very boundaries of despair, struggling with the stigma of having a mental illness he felt he couldn't share with the world. In his first memoir, Benard delves into the most challenging parts of his life, including his tenuous childhood relationship with his father, secretly managing manic episodes on the set of General Hospital, and fending off the terrifying setbacks he experienced when he went off his meds. An advocate for mental health awareness, Benard now uses his platform to show all those who are struggling that there is light to be found. Nothing General About It is more than a story of adversity—it's a love story, a case study in perseverance and candor, and a reminder that bravery is achieved by embracing who you truly are.

Summary of Maurice Benard's Nothing General About It Milkyway Media, 2024-01-15 Get the Summary of Maurice Benard's Nothing General About It in 20 minutes. Please note: This is a summary & not the original book. Nothing General About It is the memoir of Maurice Benard, who recounts his life from a challenging childhood to his successful acting career while managing bipolar disorder. Born Mauricio Jose Morales in San Francisco to a strict father and a nurturing mother, Maurice faced early signs of mental health issues, including hypersensitivity and fear of the dark. His family moved to Martinez after a violent incident, and Maurice's school years were marked by a sense of justice and a love for sports...

Congressional Record United States. Congress,1904 The Congressional Record is the official record of the proceedings and debates of the United States Congress. It is published daily when Congress is in session. The Congressional Record began publication in 1873. Debates for sessions prior to 1873 are recorded in The Debates and Proceedings in the Congress of the United States (1789-1824), the Register of Debates in Congress (1824-1837), and the Congressional Globe (1833-1873)

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Starting with Kierkegaard Patrick Sheil,2011-02-17 Søren Kierkegaard was one of the most important European philosophers of the nineteenth-century and is widely regarded as the founder of existentialism. His work had a profound influence on some of the main intellectual currents of the last two centuries. Clearly and thematically structured, with investigations into a host of Kierkegaard's key concepts-including 'immediacy', 'sin', 'despair', 'individuality' and 'the crowd'-and with references to a wide range of his works, Starting with Kierkegaard provides the reader with a balanced overview of the Danish philosopher's project, paying as much attention to the signed 'edifying' works as to the famous authorship of the pseudonyms. Starting with Kierkegaard also offers a short survey of the historical, biographical and philosophical context of Kierkegaard's ideas as they started to take shape in the 1830s. The book closes with a discussion of Kierkegaard and society, and of his continuing relevance to today. Starting with Kierkegaard is the ideal introduction for anyone coming to the work of this hugely important thinker for the first time.

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Nothing General About It Book Review: Unveiling the Magic of Language

In an electronic era where connections and knowledge reign supreme, the enchanting power of language has become more apparent than ever. Its capability to stir emotions, provoke thought, and instigate transformation is actually remarkable. This extraordinary book, aptly titled "**Nothing General About It**," written by a highly acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound affect our existence. Throughout this critique, we shall delve to the book is central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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