

Glanz Health Behavior And Health Education

Cram101 Textbook Reviews

Health Behavior and Health Education Karen Glanz, Barbara K. Rimer, K. Viswanath, 2008-08-28 Resources for teaching and learning are posted at tinyurl.com/Glanz4e and www.med.upenn.edu/hbhe4. This fourth edition of the classic book, *Health Behavior and Health Education: Theory, Research, and Practice* provides a comprehensive, highly accessible, and in-depth analysis of health behavior theories that are most relevant to health education. This essential resource includes the most current information on theory, research, and practice at individual, interpersonal, and community and group levels. This edition includes substantial new content on current and emerging theories of health communication, e-health, culturally diverse communities, health promotion, the impact of stress, the importance of networks and community, social marketing, and evaluation.

Health Behavior Karen Glanz, Barbara K. Rimer, K. Viswanath, 2015-07-01 The essential health behavior text, updated with the latest theories, research, and issues *Health Behavior: Theory, Research and Practice* provides a thorough introduction to understanding and changing health behavior, core tenets of the public health role. Covering theory, applications, and research, this comprehensive book has become the gold standard of health behavior texts. This new fifth edition has been updated to reflect the most recent changes in the public health field with a focus on health behavior, including coverage of the intersection of health and community, culture, and communication, with detailed explanations of both established and emerging theories. Offering perspective applicable at the individual, interpersonal, group, and community levels, this essential guide provides the most complete coverage of the field to give public health students and practitioners an authoritative reference for both the theoretical and practical aspects of health behavior. A deep understanding of human behaviors is essential for effective public health and health care management. This guide provides the most complete, up-to-date information in the field, to give you a real-world understanding and the background knowledge to apply it successfully. Learn how e-health and social media factor into health communication Explore the link between culture and health, and the importance of community Get up to date on emerging theories of health behavior and their applications Examine the push toward evidence-based interventions, and global applications Written and edited by the leading health and social behavior theorists and researchers, *Health Behavior: Theory, Research and Practice* provides the information and real-world perspective that builds a solid understanding of how to analyze and improve health behaviors and health.

Health Behavior and Health Education Karen Glanz, Frances Marcus Lewis, Barbara K. Rimer, 1990 La santé publique et l'éducation de la population pour la santé reste les pierres angulaires de la prévention, de la détection des maladies et de l'organisation socio-sanitaire. Ce document offre les principaux concepts et les principales stratégies que les professionnels de la santé, tant au point de vue de la recherche que de la pratique, doivent connaître pour actualiser leur démarche.

Health Behavior and Health Education Karen Glanz, 2002 This book is a substantial revision of the best-selling book in health education currently used in public health and health education undergraduate and graduate programs. The previous two editions have been acclaimed as the top resource for the serious public health professional and student.

Health Behavior Karen Glanz, Barbara K. Rimer, K. Viswanath, 2024-09-11 The essential health behavior text, updated with the latest theories, research, and issues *Health Behavior: Theory, Research and Practice* provides a thorough introduction to understanding and changing health behavior—important facets of the public health role. Since the publication of the first edition, this comprehensive book has become the gold standard of health behavior texts. This new sixth edition has been updated to reflect the most recent changes in the public health field, including findings from real-world interventions based on the theories described in the book. Offering perspective applicable at the individual, interpersonal, group, and community levels, this essential guide gives public health students and practitioners an authoritative reference for both the theoretical and practical aspects of health behavior. Explore the link between culture, health, and the importance of community Get up to date on emerging theories of health behavior and their applications Examine the push toward evidence-based interventions and focus on diverse populations Learn how e-health and social media factor into health communication Written and edited by leading theorists and researchers in the field, *Health Behavior* builds a solid understanding of how to analyze and improve health behaviors and health.

Handbook of Health Psychology Andrew Baum, Tracey A. Revenson, Jerome E. Singer, 2012 This model has been expanded across several levels of analysis, including cultural, macro-social, and cellular factors. The 2nd edition also features: Greater emphasis on translating research into practice and policy. Two new sections on risk and protective factors for disease and another on social and structural influences that affect health such as socioeconomic status, reflect the current scholarship in the field. More on prevention and/or interventions and treatment in the applications section. The book opens with the fields central theories including a newer stress theory that emphasizes the interaction of biological and social systems. Part 2 reviews the mechanisms that help us explain the link between health and behavior across diseases and populations. The all new Part 3 focuses on variables that lead to the onset and progression of major diseases or that are instrumental in promoting health.

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Health Behavior Change in Populations Scott Kahan,Andrea Carlson Gielen,Peter J. Fagan,Lawrence W. Green,2014-11-26 Presents current and future public health professionals with a range of methods geared towards helping people make healthy choices, from informing the individual to modifying the surroundings and circumstances that drive decision-making. --From publisher description.

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Behavioral Healthcare and Technology Lisa A. Marsch,Sarah Elizabeth Lord,Jesse Dallery,2015 This book defines the state of scientific research focused on the development, experimental evaluation, and effective implementation of technology-based (web, mobile) therapeutic tools targeting behavioral health. Written by an expert interdisciplinary group of authors, Behavioral Healthcare and Technology defines the opportunity for science-based technology to transform models of behavioral healthcare.

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Health Behavior Research in Minority Populations ,1992

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The Border Health Collaborative Francisco L. Manzano,2007

Therapeutic Recreation in Health Promotion and Rehabilitation John Shank,Catherine Coyle,2002 This new text is the most comprehensive and detailed explanation of therapeutic recreation clinical practice yet. Clinical practice--a systematic and intentional process of facilitating change--is placed in the most current context of health promotion and disease prevention. This text provides a comprehensive, detailed explanation of TR clinical practice and is suitable for use across several courses. This book will be a valuable resource for educators, practitioners, and students.

Planning Public Health Programs for Agricultural Workers James Douglas Glasnapp,2004

Introduction to Health Education and Health Promotion Bruce G. Simons-Morton,Walter H. Greene,Nell H. Gottlieb,1995 Brings the study of health education to the brink of the twenty-first century, recognizing the role that health promotion efforts will play in the future health of the U.S. & emphasizing health education as the primary profession concerned with health promotion processes.

International Encyclopedia of the Social & Behavioral Sciences Neil J. Smelser, Paul B. Baltes, 2001 The largest work ever published in the social and behavioural sciences. It contains 4000 signed articles, 15 million words of text, 90,000 bibliographic references and 150 biographical entries.

Principles of Health Education and Health Promotion J. Thomas Butler, 1994

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