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WJ Hussar

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fibreux qui maintient le tibia et le fémur au contact l'un contre l'autre un peu comme une corde il se trouve dans l'échancrure entre les deux condyles du fémur il est donc au centre du genou avec l'autre ligament croisé le postérieur

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le lca est situé derrière la rotule il stabilise le genou quand il

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quoi s agit il le ligament croisé antérieur assure la stabilité en translation antérieure et rotation et contribue à la stabilité du genou il assure également une protection des ménisques

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