

Messi Syndrom Hilfe Fr Angehörige

Fugen A. Neziroglu, Jerome Bubrick, Jose A. Yaryura-Tobias

Messie-Welten (Leben Lernen, Bd. 290) Veronika Schröter, 2017-03-11 Messies können in Zukunft wirksamere Hilfe erhalten. Die Ursachen wie auch die Erscheinungsweisen der Störung werden in diesem Buch in einer Differenzierung dargelegt, die erstmals konkrete Behandlungsschritte für alle Messie-Typen erlaubt. Sie sammeln, horten oder vermüllen ihre Wohnung. Etwa 2,5 Millionen Menschen in Deutschland leiden unter dem so genannten Messie-Syndrom. Doch »den« Messie schlechthin gibt es nicht, wie die Autorin im Laufe ihrer 15-jährigen Praxis als Messie-Begleiterin immer wieder erfahren hat. Eine Studie bestätigt, dass das Messie-Syndrom sich sehr unterschiedlich darstellt und ihm verschiedene psycho-soziale Erfahrungen zugrunde liegen. Diese Erkenntnis hat wichtige Konsequenzen für die Praxis, die hier ausführlich dargestellt werden. Professionelle Helfer und psychotherapeutische Fachkräfte verstehen hiermit nicht nur die tieferen Ursachen der komplexen Störung, sondern erhalten auch das nötige Handwerkszeug, um Messies wirksam unterstützen zu können. Das tiefere Verständnis des Messie-Syndroms ermöglicht auch Angehörigen und Betroffenen eine neue Einordnung der Störung und kann unnötige Leiden verhindern. Mit einem Vorwort und einem Forschungskapitel vom Leiter der Messie-Studie, Prof. Dieter Ebert, Universität Freiburg Dieses Buch richtet sich an: - PsychotherapeutInnen aller Schulen - MitarbeiterInnen sozialpsychologischer Dienste und Beratungseinrichtungen - Betroffene und deren Angehörige

Raus aus dem Chaos! Fugen A. Neziroglu, Jerome Bubrick, Jose A. Yaryura-Tobias, 2008

Befreit von Ballast Mareike W., 2024-10-22 Vielleicht hast du schon einmal von dem Begriff Messie-Syndrom gehört, ohne genau zu wissen, was dahintersteckt. Oft wird es mit Menschen in Verbindung gebracht, die ihre Wohnung in Unordnung hinterlassen oder Schwierigkeiten haben, sich von Gegenständen zu trennen. Doch das Messie-Syndrom ist weit mehr als nur eine Frage von Unordnung. Es handelt sich um ein tief verwurzeltes, emotionales und psychisches Problem, das das Leben der Betroffenen stark beeinflussen kann – und nicht nur ihre Umgebung. Das Messie-Syndrom wird in der Fachwelt auch als Desorganisationssyndrom oder Vermüllungssyndrom bezeichnet. Dabei handelt es sich nicht einfach nur um eine Phase der Unordnung, sondern um ein langfristiges Problem, bei dem die betroffenen Menschen Schwierigkeiten haben, ihre Wohnräume zu organisieren und in einem geordneten Zustand zu halten. Oft sammeln sie große Mengen an Gegenständen an, ohne in der Lage zu sein, sich von ihnen zu trennen. Dabei kann es sich um Alltagsgegenstände wie Zeitungen, Kleidung oder Verpackungen handeln, die andere Menschen längst entsorgt hätten. Für Betroffene ist es oft

unmöglich, sich zu entscheiden, was sie behalten und was sie wegwerfen sollen. Diese Unfähigkeit zur Ordnung hat nicht nur praktische Folgen – wie das Blockieren von Räumen –, sondern auch tieferliegende emotionale Auswirkungen. Die Betroffenen sind oft von einer starken emotionalen Bindung zu den angesammelten Dingen geprägt, die für sie einen symbolischen oder sentimental Wert haben. Es kann sein, dass sie Angst haben, etwas Wichtiges zu verlieren oder ihre Identität mit bestimmten Objekten verbunden sehen.

Das Messie-Syndrom überwinden Ulla Thamsen, 2024-06-06

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