

Western Ontario Meniscal Evaluation Tool

Kapil Sugand, Hani B. Abdul-Jabar, Micheal E. Hochman

AANA Advanced Arthroscopy: The Knee Robert E. Hunter, Nicholas A. Sgaglione, 2010-07-06 AANA Advanced Arthroscopy: The Knee, by Robert E. Hunter, MD and Nicholas A. Sgaglione, MD, helps you make the most effective use of advanced and emerging, state-of-the-art arthroscopic techniques for managing a wide range of knee problems. Premier arthroscopic surgeons discuss disease-specific options, managing and avoiding complications, and rehabilitation protocols in print and online. 14 videos demonstrate tibial plateau fracture management system, anteromedial tibial tubercle transfer, osteochondral allograft for a femoral condyle defect, anatomic single bundle ACL reconstruction, anatomic reconstruction of the posterolateral corner, and more. Access the fully searchable text, along with a video library of procedures and links to PubMed online at expertconsult.com. Stay current through coverage of hot topics like Chondrocyte Transplantation Techniques, Proximal Tibial Osteotomy, Anatomic Single Bundle ACL Reconstruction, Single Bundle PCL Reconstruction, Inlay PCL Reconstruction, and Anatomic Reconstruction of the Posterolateral Corner. Hone your skills thanks to 14 videos of techniques on Tibial Plateau Fracture Management System, Anteromedial Tibial Tubercle Transfer, Osteochondral Allograft for a Femoral Condyle Defect, Anatomic Single Bundle ACL Reconstruction, Anatomic Reconstruction of the Posterolateral Corner, and more-performed by experts. See arthroscopic surgical details in full color and understand nuances through interpretative drawings of technical details. Optimize surgical results and outcomes with an emphasis on advanced and emerging arthroscopic techniques, surgical tips, and pearls.

The Meniscus Philippe Beaufils, René Verdonk, 2010-04-28 This guide focuses on the normal meniscal mechanism, body and function. Meniscal pathology and therapy are depicted in detail, followed by a presentation of long-term experience of meniscal transplantation and a look into the future of meniscal surgery.

The Menisci Robert F. LaPrade, Elizabeth A. Arendt, Alan Getgood, Scott C. Fauchett, 2017-02-21 This book is a comprehensive journey through the pathogenesis and treatment of meniscal pathology. It details the elements that are necessary to properly understand, diagnose, and treat meniscal tears, ranging from vertical tears to radial tears and root avulsions. Treatment techniques are thoroughly described and illustrated, with presentation of the latest evidence on outcomes. The algorithmic treatment of meniscal tears has undergone a rapid transformation. We have progressed from the initial treatments involving removal of the meniscus using an open technique, to the performance of partial meniscectomies

and complex meniscal repairs by means of an arthroscopic technique. The current treatment goal is to maintain the biology and mechanical integrity of this vital knee structure, an aim too often disregarded by past generations of surgeons. An explosion of new knowledge, coupled with advances in arthroscopic and surgical technology, has paved the way for wider application of approaches that help to preserve the meniscus, in the hope of preventing or delaying the development of knee arthritis. This book will have utility for all clinicians who treat meniscal lesions and will serve as a valuable resource for years to come.

Sports Medicine Statistics, An Issue of Clinics in Sports Medicine Joseph M. Hart, Stephen R. Thompson, 2018-06-23 This issue of Clinics in Sports Medicine, guest edited by Drs. Joe Hart and Stephen Thompson, will cover a variety of interesting topics surrounding Sports Medicine Statistics. Subjects covered include, but are not limited to: Fundamentals of Sports Analytics; Statistical considerations for injury prevention in sports medicine; Mixed model designs for sports medicine research; Clinical Trials in sports medicine: design and analyses; Novel approaches to data presentation; Innovation in analytics – new methods in sports medicine; Patient reported outcome measures in sports medicine; Administrative Databases in sports medicine; and Lessons from the MOON: How to perform multicenter research in sports medicine.

50 Studies Every Orthopaedic Surgeon Should Know Kapil Sugand, Hani B. Abdul-Jabar, Micheal E. Hochman, 2024 50 Studies Every Orthopaedic Surgeon Should Know is a compilation of landmark studies from all subspecialties within emergency and elective Trauma and Orthopaedic practice. It is written in an accessible way, appropriate for an array of practicing experts, healthcare students, and allied healthcare professionals with the goal of disseminating findings from high-quality studies that have led to standardized clinical guidelines for front-line clinicians and real-world gains for patients. This book will simplify, consolidate and reinforce the current literature of the most important research published into a digestible, manageable, and reader-friendly content for Trauma and Orthopaedic Surgeons, practicing clinicians, trainees, students and those led by data-driven evidence-based clinical care.

Translational Sports Medicine Jeffrey A. Bakal, Steve DeFroda, Brett D. Owens, Adam E.M. Eltorai, 2023-08-14 Translational Sports Medicine covers the principles of evidence-based medicine and applies these principles to the design of translational investigations. This title is an indispensable tool in grant writing and funding efforts with its practical, straightforward approach that will help aspiring investigators navigate challenging considerations in study design and implementation. It provides valuable discussions of the critical appraisal of published studies in translational sports medicine, allowing the reader to learn how to evaluate the quality of such studies with respect to measuring outcomes and to make effective use of all types of evidence in patient care. In short, this practical guidebook will be of interest to every medical researcher or sports medicine clinician who has ever had a good clinical idea but not the knowledge of how to test it. Readers will come to fully understand important concepts, including case-control study, prospective cohort study, randomized trial

and reliability study. Medical researchers will benefit from greater confidence in their ability to initiate and execute their own investigations, avoid common pitfalls in translational sports medicine, and know what is needed in collaboration. - Focuses on the principles of evidence-based medicine and applies these principles to translational investigations within sports medicine - Details discussions of the critical appraisal of published studies in translational sports medicine, supporting evaluation with respect to measuring outcomes and making effective use of all types of evidence in patient care - Written by experts in the sports medicine field

Orthopaedic Knowledge Update 5 James R. Kasser, James R. Kasser, 1996

Excerpta Medica, 1990

Insall & Scott Surgery of the Knee John N. Insall, W. Norman Scott, 2006 Built on a solid foundation of basic anatomy, pathology, and diagnostic techniques, this best-selling reference offers comprehensive coverage of value to anyone involved in the diagnosis and treatment of knee disorders. JBJS considered the previous edition ... destined to become a classic in the field ... [providing] exposure to the type of expert insight that, up to now, was available only to those undertaking postgraduate fellowship training in knee surgery ... Covers the clinical and basic science aspects of the full range of knee surgeries, including normal and abnormal anatomy. Provides the latest information in all areas of relevance to knee surgery, such as imaging and biomechanics soft tissue cartilage ligament/meniscal repair and reconstructions joint replacement fractures tumors and the arthritic knee. Written by a veteran author and noted, internationally recognized authority on knee surgery and sports medicine

Clinical Decisions in Therapeutic Exercise John Nyland, 2006 Accompanying CD-ROMs contain ... a resource library ... [of] additional figures and animations to supplement the text ... [and] a working demonstration version of VHI PC Kits, which allows students to choose from thousands of exercises to create, customize, and print easy-to-read professional looking exercise routines for clients.--Page 4 of cover.

Index Veterinarius, 2006

Neuromuscular and Musculoskeletal Outcomes Following Arthroscopic Partial Meniscectomy Or Meniscal Repair Michelle M. McLeod, 2014 Objective: To investigate lower extremity neuromuscular, musculoskeletal, physical and self-reported functional outcomes following arthroscopic partial meniscectomy (APM) or repair, compared to healthy volunteers without a history of lower extremity injury. Our secondary aim was to determine associations between neuromuscular and musculoskeletal outcomes, and physical and self-reported functional outcomes. Patients and Other Participants: Seventeen patients with a history of APM or meniscal repair (11 Male, 5 Female; age: 29.65 ± 11.42 yrs; height: 173.84 ± 10.98 cm; mass: 95.15 ± 27.48 kg; and BMI: 31.45 ± 7.91 kg/m²) and 14 healthy volunteers (8 Male, 6 Female; age: 27.64 ± 10.20 yrs; height: 171.54 ± 9.94 cm; mass: 75.21 ± 15.96 kg; and BMI: 25.39 ± 3.97 kg/m²) without a history of lower

extremity injury participated in this study. Design: Case-control. Setting: Research laboratory. Methods: All participants reported to our laboratory for one test session. Overall health, and knee specific self-reported function questionnaires related to symptoms, physical function, emotions and quality of life were administered to all participants. Measures of quadriceps and hamstring strength, quadriceps intracortical excitability, intracortical excitability, soleus spinal reflexive excitability, physical function tests including a stair climb test, single leg knee bends, and sit to stands were performed. Main Outcome Measures: All outcome measures were assessed bilaterally. Quadriceps and hamstring maximal isometric contraction strength were normalized to bodyweight (Nm/kg). Quadriceps to hamstring ratios were also calculated. Quadriceps intracortical excitability was assessed by determining active motor threshold (AMT). Motor evoked potentials (MEPs) elicited at 120% of AMT intensity were recorded (in volts, V) and used to normalize intracortical MEPs, including: short-interval intracortical inhibition (SICI), long-interval intracortical inhibition (LICI) and intracortical facilitation (ICF). Soleus muscle spinal reflexive excitability was determined via Hoffmann reflex peak-to-peak amplitudes (V) normalized to a maximal muscle response. The International Knee Documentation Committee (IKDC) subjective questionnaire, Knee Injury and Osteoarthritis Outcomes Score (KOOS) and Western Ontario Meniscal Evaluation Tool questionnaires were scored to determine self-reported function. Physical tasks of total time to complete a stair ascent-descent task, total number of single-leg knee bends performed in 30-seconds (bilaterally), and total number of chair stands performed in 30-seconds were recorded to determine overall levels of physical function. Statistical Analyses: Repeated measures analyses of co-variance were utilized to determine if differences existed between limbs and between groups for all outcome measures, with mass accounted for as the covariate. Spearman's rho correlations were performed to determine associations between measures of involved limb quadriceps strength and voluntary activation with physical function and self-reported function. Results: There were no significant main effects or interactions between limbs between groups for quadriceps intracortical excitability, soleus spinal reflexive excitability, quadriceps and hamstring strength and quadriceps voluntary activation. APM patients performed significantly worse self-reported function, fewer chair stands, and took longer to complete a stair climb test task. APM patients also had significantly more pain than the healthy cohort. Quadriceps strength of the involved limb of the APM group was significantly associated with measures of self-reported function as measured using the IKDC, KOOS, and WOMET tools, and was also significantly associated with physical function. For these associations, greater quadriceps strength was related to better function. Conclusion: Although there were no differences in quadriceps neuromuscular function or strength and activation compared between APM and healthy participants, quadriceps strength was still strongly associated with self-reported function. Additionally, voluntary quadriceps activation was lower in our healthy cohort than previously reported in our laboratory. APM is favored for it's minimal invasiveness and quick return to physical activity; however, the current study demonstrated an association between quadriceps strength and self-reported function, and physical function. The APM cohort

performed significantly worse on these measures, therefore, it may be that other variables other than strength may be influential in physical function. A lack of statistical power limited our ability to discern true differences in neuromuscular excitability between groups and if there were associations of excitability and self-reported or physical function. Decreased self-reported function and physical function, as well as a history of APM have been linked to the development of knee osteoarthritis; yet, there is no standard of post-surgical care for APM patients. Clinically, this may be important to consider in the care of APM patients, and future research is warranted focused on neuromuscular function following APM, as well as interventions to improved function following APM.

Western Ontario Meniscal Evaluation Tool Book Review: Unveiling the Magic of Language

In a digital era where connections and knowledge reign supreme, the enchanting power of language has become more apparent than ever. Its ability to stir emotions, provoke thought, and instigate transformation is really remarkable. This extraordinary book, aptly titled "**Western Ontario Meniscal Evaluation Tool**," written by a highly acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound impact on our existence. Throughout this critique, we shall delve to the book is central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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