

As Good As It Gets Ocd

Christian G. Meyer

The OCD Answer Book Patrick B McGrath Ph.D.,2007-12-01 At any one time at least five million people in the United States are experiencing the symptoms of Obsessive-Compulsive Disorder (OCD), a mental disorder defined by recurrent, unwelcome thoughts (obsessions) and repetitive behaviors (compulsions) that OCD sufferers feel driven to perform. The OCD Answer Book is an authoritative reference for these adults and their loved ones, providing sound advice and immediate answers to their most pressing questions. -What is an obsession? -What is a compulsion? -Is it possible to grow out of OCD? -Does OCD run in families? -What increases my risk for OCD? -If I check something several times does that mean that I suffer from OCD? -I heard that OCD and strep throat might be related to each other. Is that true? Written by an experienced psychologist in an easy-to-read Q&A format, The OCD Answer Book helps readers and their loved ones cope with OCD, conquer their fears, and seek therapy when necessary.

The Obsessive-Compulsive Disorder Robert Collie,Harold G Koenig,2014-01-21 Gain scientific and theological insight into OCD!The Obsessive-Compulsive Disorder: Pastoral Care for the Road to Change delivers a provocative and stimulating discussion that is meant to inspire new areas of inquiry on this subject. As an OCD sufferer, pastoral counselor, mental health student, or professional, you will reach a new understanding of a complex condition that can destroy the day-to-day lives of its victims.The Obsessive-Compulsive Disorder explores the connection between religion and OCD from many different perspectives. You will explore case studies of OCD with religious connections through interviews, diagnosed symptoms, and discussion of the history of religious figures who suffered with OCD. The book also provides a reference list of organizations that focus on OCD, as well as Web sites and Internet addresses devoted to assisting caretakers and helping sufferers.The Obsessive-Compulsive Disorder will increase your knowledge of: the evolution of humans and animals in relation to personality development and the obsessive-compulsive disorder church leaders with the obsessive-compulsive disorder brain development and biology and their links to the obsessive-compulsive disorder quality of life issues for sufferers, pastors, and caregivers group therapy for OCD sufferers, including personal stories of OCD in connection with faith and religion neurobiological perspectives on theological issuesThe Obsessive-Compulsive Disorder brings you insightful new research into this complex mental illness, and will assist you in understanding and helping people who suffer from OCD.

The Literary and Linguistic Construction of Obsessive-Compulsive Disorder Patricia Friedrich,2016-04-29 This

book presents a literary and linguistic reading of obsessive-compulsive disorder to argue that medical understandings of disability need their social, political, literary and linguistic counterparts, especially if we aspire to create a more inclusive, self-reflective society.

Metanarratives of Disability David Bolt, 2021-05-26 This book explores multiple metanarratives of disability to introduce and investigate the critical concept of assumed authority and the normative social order from which it derives. The book comprises 15 chapters developed across three parts and, informed by disability studies, is authored by those with research interests in the condition on which they focus as well as direct or intimate experiential knowledge. When out and about, many disabled people know only too well what it is to be erroneously told the error of our/their ways by non-disabled passers-by, assumed authority often cloaked in helpfulness. Showing that assumed authority is underpinned by a displacement of personal narratives in favour of overarching metanarratives of disability that find currency in a diverse multiplicity of cultural representations - ranging from literature to film, television, advertising, social media, comics, art, and music - this work discusses how this relates to a range of disabilities and chronic conditions, including blindness, autism, Down syndrome, diabetes, cancer, and HIV and AIDS. *Metanarratives of Disability* will be of interest to all scholars and students of disability studies, medical sociology, medical humanities, education studies, cultural studies, and health. 'offers a well-structured, accessible collection of disability narratives that foreground disabled voices' *Journal of Literary and Cultural Disability Studies* 16.1 (2022)

Treatment Plans and Interventions for Obsessive-Compulsive Disorder Simon A. Rego, 2016-02-19 Providing clinicians with evidence-based therapeutic techniques that they can tailor to the needs of individual clients, this state-of-the-art treatment planner is filled with case examples and clinical tools. Simon A. Rego presents the latest thinking on obsessive-compulsive disorder (OCD) and explains how it has been reclassified in DSM-5. He shows how to combine exposure and ritual prevention therapy with other cognitive and behavioral interventions--based on a comprehensive case formulation--and describes proven strategies for enhancing motivation and overcoming common obstacles in treatment. In a large-size format for easy photocopying, the book includes 10 reproducible handouts and forms. Purchasers get access to a Web page where they can download and print the reproducible materials.

Obsessive Compulsive Disorder Leslie J. Shapiro, 2020-07-23 A comprehensive introduction to one of the most common psychiatric disorders, a condition that results in intrusive, irrational thoughts and/or repetitive, illogical physical or mental actions.

Men's Health, 2008-07 Men's Health magazine contains daily tips and articles on fitness, nutrition, relationships, sex, career and lifestyle.

Obsessive-compulsive Disorder Heidi Watkins, 2010 The ailments and conditions that afflict people today can be

confusing, disturbing, and painful both emotionally and physically. The Perspectives on Diseases and Disorders series provides clear, careful explanations that offer readers and researchers insight into what these conditions are, what causes them, how people live with them, and the latest about treatment and prevention. All volumes in the series include primary and secondary viewpoints, bibliographies, detailed indexes, and lists of organizations to contact for additional information. Book jacket.

Obsessive-Compulsive Disorder Ross G. Menzies, Padmal de Silva, 2003-03-28 The last five years have seen substantial advances in the state of knowledge of all aspects of OCD and this volume brings together many of the recognised leaders in the field to provide a state-of-the-art account of theory, assessment and practice in treatment.

The "other" Way to Talk about Disability Suzanne M. Stolz, 2006

Movies and Mental Illness Danny Wedding, Mary Ann Boyd, Ryan M. Niemiec, 2005 Films are a powerful medium for teaching students of psychology, social work, medicine, nursing, counseling and even literature or media studies about psychopathology. The clinical chapters of this book, each of which deals with a category of disorders, are thus all introduced by means of a fabricated case history and a Mini-Mental State Examination. This is followed in each chapter by synopses and scenes from one or more specific, often well-known films to explain and teach students about the most important disorders encountered in clinical practice. Now in an updated edition, this book has established a great reputation as an enjoyable and highly memorable supplementary teaching tool for abnormal psychology classes. Written by experienced clinicians and teachers, it also includes helpful teaching tools such as suggestions for class discussions and questions to consider while viewing films.

Americans with Disabilities Cases, 2001

Coping with Obsessive-Compulsive Disorder Jan Van Niekerk, 2009-04-16 Obsessive-Compulsive Disorder (OCD) is one of the most common mental health problems. It leaves sufferers plagued by recurring, unwanted thoughts and compulsive patterns of behaviour, disrupting their everyday activities and preventing them from living their lives to the full. In this groundbreaking work, clinical psychologist Jan van Niekerk provides easy-to-follow strategies for breaking free from obsessive thoughts, anxieties, and rituals. This comprehensive and helpful guide:

- o Offers the most up-to-date techniques from cognitive-behavioural therapy
- o Provides effective strategies for overcoming obsessional fears and reducing compulsive behaviours and ritualistic thinking
- o Helps you deal with low mood and low motivation
- o Shows you the benefits of following a healthy lifestyle and practicing regular relaxation

With step-by-step support, sufferers of OCD will find a wealth of practical advice and encouragement to help them to understand their obsessions better, reduce distress, face their fears, and overcome compulsions, and so reclaim control of their lives.

McCall's, 1998

Power Over Panic Carol Christensen,2003

Abnormal Psychology Richard P. Halgin,Susan Krauss Whitbourne,2000

Your Mental Health Allen Frances,Michael B. First,1998 For the millions of Americans desperate for an understanding of the mental disorders and substance-abuse problems that ravage the lives of one in five persons, the screening questionnaire in this book helps with self-diagnosis. Chapters on specific disorders describe available treatment approaches.

A Guide to Teaching Introductory Psychology Sandra Goss Lucas,2008-05-19 Focusing on the critical aspects of teaching introductory psychology to undergraduate students, this title includes ideas, tips, and strategies for effectively teaching this course and provides useful answers to commonly asked questions.

Understanding Bulimia Nervosa Deborah Schmidt,Schmidt Deborah,1999-03

Understanding Anorexia Nervosa Joan Hubble,1999-03 Discusses the causes and consequences of anorexia nervosa, as well as ways to treat and prevent this condition.

Whispering the Techniques of Language: An Emotional Quest through **As Good As It Gets Ocd**

In a digitally-driven world wherever screens reign supreme and immediate conversation drowns out the subtleties of language, the profound secrets and psychological subtleties hidden within words often move unheard. Yet, nestled within the pages of **As Good As It Gets Ocd** a charming literary prize sporting with natural emotions, lies a fantastic quest waiting to be undertaken. Written by an experienced wordsmith, this enchanting opus encourages visitors on an introspective journey, gently unraveling the veiled truths and profound affect resonating within the fabric of each word. Within the mental depths of the moving evaluation, we shall embark upon a heartfelt exploration of the book's key themes, dissect its fascinating writing style, and fail to the strong resonance it evokes heavy within the recesses of readers' hearts.

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